



albufeira,
a city of sport

WHY ALBUFEIRA AS
YOUR SPORTING DESTINATION ?



Why Albufeira as your sporting destination ?

Training camps for football teams and athletes from the widest possible range of sports are already a reality in Albufeira, given the excellent sports infrastructure and hotel accommodation that are to be found here. Add to this the fact that it's an easy destination to get to, that it enjoys a pleasant climate with relative humidity, that it offers a calm, relaxed atmosphere and good restaurant and entertainment facilities, not mention its reputation for safety, and it's easy to see why Albufeira is the perfect venue for sports training camps.

Excellent sports infrastructure

Albufeira is the municipality in the Algarve with the largest number of sports facilities and which has the capacity to host training camps for several football teams simultaneously. This in turn means that it is generally easy to find teams willing to play against each other in training matches.

Excellent selection of accommodation

Albufeira is the Algarve's foremost tourist destination. It boasts a range of modern accommodation and specialised services geared towards sports training camps in various types of accommodation, from traditional 5-star hotels to 3- or 4-star properties of other types, but always offering services and products of excellent quality for both professional and amateur sportsmen and women.

Hospitality and a warm welcome

One of the greatest assets of the Portuguese is their hospitality. A warm welcome is always extended to visitors and Albufeira is no exception to the rule. The staff working in the hotels speak a variety of languages and are always keen to help.

Accommodation and sports infrastructure available all year round

The excellent sports infrastructure and accommodation available in Albufeira in terms of quantity and quality, mean that athletes and teams can visit the city at any time of year for general training purposes and specialised camps.

Easy access to the destination

Like the rest of the Algarve, Albufeira is easy to get to not only from inside Portugal but also from many major European cities, thanks to the excellent road and rail networks and the large number of flights operating into Faro Airport, just 32km away. A number of airlines operate regular routes into Faro, with flight times averaging around 3 hours.

Two major roads (the A22 motorway and the EN125 National Road) connect Albufeira to Faro Airport with journey times averaging 20 to 30 minutes. Albufeira is also connected to Lisbon via the A2 motorway, meaning the journey to or from the country's capital can be done in around two and half hours.

In turn, the A22 runs the entire length of the Algarve from Lagos to the Spanish border, providing a fast connection between Albufeira and Faro airport, and onwards to Seville, a mere two-hour drive away.

The train is also an option for anyone planning to travel to Albufeira. Portuguese Railways (CP – Comboios de Portugal) offer an extensive network of routes covering the whole of mainland Portugal. The nearest railway station is in Ferreiras, 7km from Albufeira city centre.

Regular public transport is available from Ferreiras Railway Station to Albufeira's Central Transport Hub, and from there you can connect to the urban bus circuit.

There are also regular intercity coach services to Albufeira from the main cities in Portugal, and an international service from the Spanish city of Seville.

Pleasant climate (over 300 days of sunshine a year)

The Algarve has a Mediterranean-style climate with mild winters and pleasant dry summers with relatively low humidity.

The average air temperature ranges from 12.2°C in the winter to 30°C in the summer (August). The annual temperature range is not excessive and this, combined with the fairly limited rainfall, means that the region enjoys over 300 days of sunshine a year.

The temperature of the sea varies between 14.3°C in January and 21.3°C in September. Where sunshine is concerned, the Algarve enjoys something like 3,065 hours of sunshine over the course of the year's 365 days.

Average Temperatures (°C and °F)

Algarve	Jan/Mar		Apr/Jun		Jul/Sept		Oct/Dec	
	Air	Sea	Air	Sea	Air	Sea	Air	Sea
°C	17.0	15.9	22.4	19.4	27.3	22.6	17.7	17.0
°F	62.6	60.6	72.3	66.9	81.1	72.7	63.9	62.6

Average rainfall (mm) Faro/Airport

January	73.6
February	70.9
March	45.1
April	27.7
May	19.6
June	10.9
July	1.4
August	3.9
September	11.9
October	58.8
November	86.2
December	87.9
Total	497.6
Monthly average	41.5



Quiet, relaxed atmosphere and good restaurant and entertainment services

Although Albufeira is the Algarve's foremost tourist destination, its resident population numbers only 45,000 so there is a quiet, relaxed atmosphere all year round, and celebrities go largely unnoticed.

Albufeira also boasts a range of good restaurants and bars and the streets are generally lively with people constantly on the move, so visitors to the city will enjoy a pleasant, relaxed ambience.

Good safety levels

There are no major safety concerns in Albufeira despite its position as the Algarve's foremost tourist destination and the influx of large numbers of visitors.

Good health services

There is a range of good health services in Albufeira, including not only state-run facilities but also various private clinics and the Algarve International Hospital (Hospital Internacional do Algarve), offering every kind of medical assistance. There are also excellent radiology services that can carry out all sorts of medical exams, and good physiotherapy and sports massage services too.

Albufeira is just 20 minutes away from the Faro and Barlavento Central Hospitals, and there are several good private hospitals nearby too, such as the Hospital Particular de Santa Maria in Faro and the Hospital Privado do Algarve in Alvor.

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